

# Companion Aide List

*This list compiled by the Rappahannock Area Agency on Aging does not constitute endorsement by RAAA. Always request references before employing any individual.*

Car = Caroline County; Fred = City of Fredericksburg; KG = King George County; Spot = Spotsylvania County; Staf = Stafford County

Name	Phone #	CNA	Experience	Car	Fred	KG	Spot	Staf	Shift	Misc
Abukhait,, Geraldine	540-809-1792		18 yrs	✓	✓		✓	✓	Any Shift	Meals, bathing, appts, cleaning
Adams, Nidelka	540-429-0486	✓	9 yrs.	✓	✓		✓	✓		Drs. appts., some cooking, personal care
Adams, Winter	540-785-5494		6 yrs	✓	✓		✓	✓	No overnight	Drs. appts., some cooking, personal care
Addofoly, Mary	720-510-2193	✓	12 yrs	✓	✓	✓	✓	✓	Live-in	Any need the patient may have.
Amaya, Piedad	540-273-6913 540-374-1208	✓	3 yrs	✓	✓	✓	✓	✓	Days, M-F	
Ankrah, Dorothy	571-201-0083 540-899-2648	✓	3 yrs		✓			✓	Days	Housecleaning, cooking, transportation, personal care
Arthur, Grace	540-659-3768		4 yrs		✓		✓	✓	All shifts & weekends	Alzheimers, Diamentia, cooking
Awume, Mercy	571-991-7556	✓	6 yrs	✓	✓	✓	✓	✓	Days, M-F	Any need the patient may have.
Baldacci, Barbara	540-371-5367		15 yrs	✓	✓	✓		✓	Overnight	Cerif.,Cpr,1st Aid, Medic
Battle, Deloris	540-710-1626	✓			✓		✓		Flexible	Daycare in her home, overnight in client's home
Battle, Fred	540-710-1626				✓		✓			Prefers male clients
Belcastro, Jackie	540-659-0430		1 yr					✓		Housecleaning
Bouffard, Wendy	540-659-7315		6 yrs	✓		✓	✓		All, 24-hr care in her home	
Boyer, Bertha	540-710-0028		1 yr						Flexible	Meals, laundry, transportation to dr. appts., etc.
Brown, Cynthia	540-373-2955									Work area not specified
Burch, Katherine	804-633-0963		2 yrs	✓	✓	✓	✓	✓	All	Took care of grandparents, performed volenterer work in nursing homes, good with people,
Burns, Christine	540-370-0783		20 yrs		✓				Full time, 3pm-11pm or 11pm - 7am	
Call, Crystal	540-752-5475		1 yr		✓	✓	✓	✓	Dau, Weekends	Housecleaning, trans., personal care

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Campbell, Rosemarie	540-548-1478	✓	17 yrs	✓					Nights	close to Fredericksburg
Cannedy, Cynthia	540-899-2253	✓	2 yrs		✓		✓	✓	Days, Nights Part time	Light housecleaning, meals, transportation
Carey, Trish	540-582-2103	✓		✓	✓	✓	✓	✓	Flexible	CPR, transportation, errands, personal care
Carmel, Lauren	540-379-0515	✓	12 yrs	✓	✓	✓	✓	✓	All Shifts	Anything that relates to the clients needs.
Carter, Mary	540-891-2321		8 yrs	✓				✓	Weekdays	
Cavender, Christine	540-207-3045		5 yrs		✓	✓			Part-Time, Days, Evenings	Alzheimer/Parkinson's, cleaning, meals, transportation
Center, Margaret	710-9558	✓	25 yrs	✓	✓			✓	All	Light housekeeping, dr's appt. meals, cancer ,alzheimers,stroke
Chewning, Carol	540-898-6743	✓	29 yrs	✓	✓		✓		Days, Evenings	Personal care, light cooking, will sit in hospital
Coats, Tonya	540-368-5242 540-903-5226			✓	✓	✓	✓	✓	Evenings, Weekends	
Cole, Shirley	540-582-5810									Work area not specified
Cornuetm Wanda	540-439-8245		10ys		✓		✓		Day	Personal Care, housecleaning. Love to make a difference
Courtney, Harneisha	540-786-5048	✓	6 yrs.		✓		✓	✓	Days, some weekends	Transp, lgt hswk, cooking
Cox, Carmen	540-972-3946		4 yrs		✓		✓		Call for shifts	
Creed, Joyce	540-752-2528				✓			✓	Some weekends Part time	
Crooks, Marylou	540-582-9156		4 yrs		✓		✓	✓	No 11pm-7am	No Lifting
Crump, Nellie	540-752-9325	✓	30 yrs		✓		✓	✓	Days	Personal/companion care in home, nursing home, or assisted living facility; no lifting; worked for MWH, Beverly Health Care Center, and Woodmont

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Danfora, Maric	540-374-5220	✓	25 yrs	✓	✓	✓	✓	✓	Live-in	Doesn't drive
Derricote, Clara	540-287-0152		10yrs		✓			✓	After 12pm days Weekends	Alzheimers patients
Diggs, Deborah	540-361-7461								All,some weekends	Work area not specified
Dove, Faye	540-972-8766		3 yrs				✓		All	-
Dulaney, Cherri	540-288-7066 540-373-3723		5 yrs	✓	✓	✓	✓	✓	Days, Evenings	LPN, meds, general housekeeping, healthcare
Eckard, Ann	540-371-9662		10yrs		✓			✓	A M Weekdays	Alzheimer's, special diets, bed-ridden, lgt. Hskg,shps, Dr.
Edeke, Asiong (Asi)	540-659-9049	✓	15+ yrs		✓		✓	✓	Mornings, Evenings (3pm-11pm)	Light housekeeping, running errands, companionship, assist w/ bathing
Edmonds, Fannie	540-371-6945				✓				Nights	
Ellis, Mary	540-582-5824	✓	24 yrs	✓	✓	✓	✓	✓	All	
Emery, Tammy	540-295-8080	✓	10 yrs		✓				All	Transp,light housekeeping, meals, Alzheimer's, Stroke, Feeding tube
Ferguson, Shonda	540-899-3130	CMA	17 yrs		✓			✓	All	Hospital, nursing home, and homecare experience
Feuer, Pam	540-370-1687		30+ yrs	✓	✓	✓	✓	✓	24-7 and backup	Respite relief, dr. appts.,
Fortune, Rose	540-361-1591	✓		✓	✓	✓	✓	✓	Nights	
Foubare, Carmela	286-2976		15 yrs.						Days, Evenings	Respite relief, dr. appts., shopping, vacations, transportation, \$13/hr (2 hr min)
Frempong, Esther	540-657-4377							✓	Days, Saturday	Meals, light cleaning, tending to needs of client
Gallahan, Betty	540-891-2180	✓			✓		✓		Part time, flexible	Lee's Hill area of Spotsy
Ghansan, Charlotte	540-373-4657		15 yrs		✓		✓	✓	7am-3pm or 3pm-11pm Saturdays okay	Light housekeeping, meal preparation, errands
Gondal, Charlene	540-720-2572	✓	18 yrs		✓			✓	Nights	Laundry, cleaning, tending to client needs
Goss, Cindy	540-368-5663		1 yr	✓	✓	✓	✓	✓	All	EMT, light housekeeping, cooking
Graham, Doris	540-659-4694									Work area not specified

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Guney, Clara	540-379-1857				✓		✓			Also South Stafford
Hatton, Evelyn	540-548-0567				✓				Days, Weekends	
Heartsfield, Clarissa	540-582-7935				✓		✓		Days, Evenings, Weekends	Light housekeeping, cooking, doctor appts.
Hegarman, Nelda	540-582-6365	✓	10 yrs		✓			✓	Days, Weekends	
Helms, Mary	540-446-3980		20 yrs	✓	✓	✓	✓	✓	Live-in 24-hr care	Live-in or live-out
Holmes, Arleen	540-424-8900 540-972-6989	✓	25 yrs	✓	✓	✓	✓	✓	F/T, 7am-3:30pm and 11pm-7am	Light housekeeping, personal care
Hood, HyKeshia	540-373-3612	✓	5 yrs			✓		✓	Days, prefer mornings	Experienced in NH, home health
Hopkins, Betty	540-371-2708	✓			✓		✓	✓	Days 6-4, Weekends	
Hudson, Mary Ann	540-786-2354		2.5 yrs	✓	✓		✓		Days, Weekends	
Hunter, Christine	540-368-0262	✓	15 yrs	✓	✓	✓	✓	✓	Days	Light housecleaning, personal care, nursing home experience
Ingham, Stephanie	540-899-0914		5 yrs						Days, No Weekends	
Jeter, Lorinda	540-775-3306								Live-in 24-hr care	Has daughter; work area not specified
Johnson, Pauline	540-373-3035				✓				Days, Part-time	
Jones, Majorie	540-786-4673				✓	✓	✓	✓	Days	
Jordan, Taisha	540-373-3195	✓	5.5 yrs		✓		✓	✓	7am-3pm	
Kuhnert, Ingrid	752-0213		10 yrs.			✓		✓	Days	Light housekeeping. Transp.
Kelly, Eloise	540-785-2308		10 yrs		✓				Tues. and Thurs. mornings	Personal care
Kent, Stacey	276-523-1106			✓	✓	✓	✓	✓	Days	Flexible in duties
Lagland, Priscilla	898-6667	✓	25 yrs		✓		✓		Nights, Weekends,	Cook, light cleaning, laundry
Kodua, Beatrice	540-720-6245 571-247-7420	✓	7 yrs	✓	✓	✓	✓	✓	All shifts	Home health cert., elder care, housecleaning
Lancaster, Joann	540-368-5409		6 yrs		✓		✓	✓	Overnight	
Lee, Sharon	540-310-4199									Work area not specified
Lester, Gloria	540-548-1213		10 yrs	✓	✓	✓	✓	✓	Days	Work area not specified
Liptrap, Marilyn	540-895-9546	✓			✓		✓	✓	Prefer nights, No weekends	Worked w/quadruplegic and Alzheimers clients
Lopez, Maritza	540-710-9092	✓	4 yrs		✓		✓	✓	Days	Alzheimers care
Loving, Lillian	804-632-1273		3 yrs	✓	✓	✓	✓	✓	Days	Housecleaning, meals, transpor- tation, references available

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Luck, Cindy	540-582-5335		1 yr				✓		Days	Light housework, cooking, personal care
Lumpkin, Grace	540-898-8019		25 yrs	✓	✓	✓	✓	✓	Days	Call after 6:30 pm
Marsden, Elizabeth	540-371-8883		8 yrs	✓	✓			✓	All	Fredericksburg area
Marshall, Gislea	540-286-6474		15 yrs		✓			✓	Days, some weekends	
McCarty, Delores	540-898-0944	✓							Weekdays	Work area not specified
McCloud, Laura	540-785-6685		9 yrs		✓		✓		All including weekends 7 days a week	
Messer, Pat	540-786-1944								M-W, 4:30pm-12am, Tues any time	Work area not specified
Midlin, Louise	540-786-3402		14 yrs		✓	✓	✓		Days, Weekends	Lake of the Woods
Mikel, Becky	540-548-3685		1 yr	✓	✓				9am - 2pm weekends	clean, cook, laundry, some personal care.
Misurda, Dora	540-286-0087		20 yrs	✓	✓			✓		Clean, cook, dr. appts., companion
Moore, Sharonda	540-548-5547	✓	6 yrs		✓		✓	✓	Days, some weekends	Errands, houskpg, and p. care
Morris, Elna	540-379-6695 540-286-1117	✓	18 yrs	✓	✓	✓	✓	✓	Evenings, Nights	
Morris, Grace	540-898-2280									Work area not specified
Murray, Paula	540-710-9782	✓	4 yrs	✓			✓	✓	Morns, m-f	Pers care, cooking, lgt hskps
Myers, Erica	540-786-7862		20yrs		✓		✓	✓	Nights 7pm-7am	Transp., groceries, light care
Newman, Melissa	540-408-2787 540-752-0150	✓			✓		✓	✓	All Shifts, Weekends	Light housekeeping, errands, personal care, experienced in nursing homes and hospitals
Newsome, Dolly	540-898-3270			✓			✓	✓	Days, Part-time	
Newton, Donna	540-895-5802	✓	10 yrs				✓			Adult day care in her home
N & R Quality Care	785-5783	✓	25 yrs.						Days, Weekends	Transpotation, to Dr's appt. Alzheimere,stroke patients, lgt. hskg
Ontaneva, Rosa	540-785-4802		6 yrs		✓		✓	✓	All	
Osei, Ellen	540-907-4090	✓	3 yrs		✓			✓	Overnight, Days, Nights	Errands, transportation, CPR, personal care, NO DOGS
Osorio, Alma	540-207-2311		10 yrs	✓	✓	✓	✓	✓	Days	Emotional, social, and physical care; affordable rates

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Pack, Patty	540-582-3803		15 yrs		✓		✓		Days	Doctor appts, run errands, clean
Parnell, Erika	540-372-6821		7 yrs		✓				All	
Payne, Jackie	540-659-2034								All	Work area not specified
Payton,Jackqueline	540-287-1218	✓	4 yrs	✓	✓	✓	✓	✓	All Weekends	Personal care, cooking, house cleaning, transport Nursing home experience
Pearce, Norma	540-373-3531								Weekends preferred	Work area not specified
Phillips, Mary	540-752-2291								Nights	Companion sitting, work area not specified
Primp, Mary	540-368-1910	✓		✓	✓	✓	✓	✓	all	
Ramsey, Helen	540-891-4654		Extensive				✓		In home, Full time	Alzheimers (not bed ridden)
Redmond, Margaret	540-972-7414				✓				Days, M-F	
Reid, Francenia	540-899-9457	✓	13 yrs	✓	✓	✓	✓	✓	Live-in	Companion sitting
Reinheart, Jackie	540-785-5094	✓	11 yrs.		✓	✓	✓	✓	Days, M-Turs	shopping,cooking, light cleaning
Reynolds, Leslie	804-633-5100			✓	✓		✓		All	Prefer nights
Rice, Sophie	540-372-6641				✓	✓	✓	✓	Day	
Ritter, Stepheina	540-571-4247	✓			✓		✓	✓	Days, Evenings, Weekends	Personal care, laundry, cleaning, meals
Robinson, Mary	540-899-0958		38 yrs	✓	✓	✓	✓	✓	All Shifts	Anything the patient needs- LPN
Romero, Patrica	373-0329								Morn, Eve, Weekends	Cook, light cleaning,transp.
Ross, Edwina	540-657-5410 540-455-9684	RN		✓	✓	✓	✓	✓	7am-7pm	12 yrs rehab with hip/knee replacement; cared for stroke patients
Ross, Sharon	540-786-0883	✓								Work area not specified
Russell, Dorothy	540-760-4141		11 yrs		✓		✓	✓	All Shifts, Weekends	Overnight in client's home, light housecleaning, light cooking
Sam, Mima	540-658-0409 703-909-0740	✓	16yrs	✓	✓	✓	✓	✓	All	Prefer nights
Samuens, Vanessa	540-371-7755		3 yrs		✓				Overnight	
Sayers, Lou	540-786-6475									Work area not specified

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Scarborough, Sharon	540-785-8600		7 yrs		✓		✓		Part time	
Seisforth, Janelle	540-834-1803		10 yrs						Days, Nights 12-hr shifts	Work area not specified
Shanklin, Donna	540-582-3419	✓							All	Work area not specified
Shubb, Judy	540-850-6412	✓	4 yrs.		✓		✓		Flexible	cooking, alzheimers, light hswk
Smith, Majorie	540-288-2667	✓		✓	✓			✓	Days, Nights	
Snellings, Gaye	540-371-6311	✓		✓						
Snyder, Wendy	540-899-2673	✓	22yrs	✓	✓	✓	✓	✓	All	Trach-vent skilled, IV-trn, cardiac
Sosa, Anne Marie	804-448-3099		20yrs	✓			✓		Part time, temp	Lives in Ruther Glen
St. Sleur, Jean	540-786-7478								All	Transp, cleaning, meals, Alzheimer's
St.Louis, Patricia	540-752-5207		6 yrs		✓			✓	7-5 some weekends	
Staples, Pauline	540-786-4510		5.5yrs		✓		✓		Days	Light housekeeping, cooking, personal care
Stead, Lucy	540-710-1067				✓				All but overnight	Light housekeeping and cooking
Sullivan, Ann	540-659-5762	✓	25yrs		✓			✓	Days, Overnight No 3pm-11 pm	
Sullivan, Michelle	540-898-4545		9 yrs	✓	✓	✓	✓	✓	All	Med. tech, certified resident aide, exp. w/Alzheimers, excellent references
Sutts, Patricia	540-895-5420		6 mos.		✓		✓		All	
Taylor, Alice	540-895-5161		20 yrs		✓		✓		Days, Overnight Part time	Nurses Aide
Taylor, Shirley	540-582-2036	✓		✓	✓	✓	✓	✓	All	Medical technician
Timms, Jayne	540-752-5371 703-590-6018		15 yrs		✓		✓	✓	All	
Tolson, Linda	540-659-9940		7 yrs							Good references, Prince William Agency on Aging, work area not specified
Toney, Janice	540-895-9220	✓	20 yrs		✓		✓		M-F, 8:30am-3pm	Also Louisa County
Tyree, Sylvia	854-8835		25 yrs	✓	✓	✓	✓	✓	Days, No weekends	

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Vanford, Maria	540-374-5220	✓	20ys	✓	✓	✓	✓	✓	All	Excellent service, good experience, will provide 24-hr care.
Veney, Millie	540-775-2845 540-775-5100				✓	✓			Days, Evenings Full time	
Vieira, Deborah	804-633-6563		17 yrs	✓	✓	✓	✓	✓	Days and Nights	Experienced with Alzheimers, cancer, quadraplegic, and hip replacement patients
Walker, Lisa	540-368-0069	✓		✓	✓	✓	✓	✓	7am-11pm, 7 days	
Walmsley, Delores	540-286-1661		30 yrs		✓			✓	All, can stay overnight	Personal care, cooking
Ware, Grace	540-582-9449								No weekends, Part time	Certified; work area not specified
Watson, Doris	540-368-9478				✓				Days, Part time	Fredericksburg area
Watson, Irma	540-720-4226	✓	30 yrs		✓			✓	All	
Weaver, Pat	540-752-4562	LPN	20 yrs		✓			✓	Days, Weekends Part time	Companion, errands, meals, doctor appointments
Webb, Helen	540-891-6399				✓		✓			Also South Stafford
Wenner, Patricia	540-371-1324				✓	✓	✓	✓		
West, Claire	804-448-1043		3 yrs	✓	✓	✓	✓	✓	All, Overnight	Respite, light housewook, personal care
Westheiden, Joan	540-786-6307						✓			Light cooking and cleaning, driving, games
Whaling, Kathy	540-371-2761	✓			✓	✓		✓	Days	
Wilkerson, Joyce	540-786-0592		10 yrs		✓			✓	3-8pm	Heart patiences, lgt.hshp,meals
Williams, Rhonda	540-371-1324				✓			✓	Days	Need transportation
Williams, Rosetta	804-633-4759	✓	13yrs	✓	✓	✓	✓	✓	Days, Weekends	Personal care, meal prep., light housekeeping
Woody, Penny	540-604-5007	✓	15 yrs						Days, Weekends	Cancer Patients, cleaning
Wright, Lorna	540-372-4170		23 yrs		✓	✓	✓	✓	All, No Saturdays	Home health aide
Yerena, Laurel	540-834-1803		10 yrs		✓			✓	Days	