

THE ART OF AGING - LIFE BEGINS AT 50



**WALK THE EXPO FLOOR AND GATHER
INFORMATION ON HEALTHY AGING
IN THE FREDERICKSBURG AREA
FROM THE FOLLOWING VENDORS:**

AARP
Alzheimer's Association
Amedisys Home Health Services
American Red Cross
Art From The Heart
Art of Fitness
Carriage Hill Rehabilitation & Nursing Center
Central Rappahannock Regional Library
Centre Pointe Health Specialties
Chancellor's Village of Fredericksburg
Comfort Keepers
Couture Day Spa
Cruise Planners
Dishing Up Dinner
Elder Study University of Mary Washington
Elizabeth McMaster Attorney & Counselor at Law, PLC.
Enoch George Manor

Flickos Workshop Video Memories
Found and Sons
Fox Rehab
Fredericksburg Area Museum
Fredericksburg Christian Health Center
Fredericksburg Healing Arts Yoga & Massage Center
Fredericksburg Personal Computer Users Group
Fredericksburg Social Services
Friends of the Rappahannock
Germana Volkssport Association
Golden Living Community - Fredericksburg
Greenfield Assisted Living
Hartwood Winery
Health South Rehab Hospital of Fredericksburg
HeartFields Assisted Living at Fredericksburg
Home Instead Senior Care
Hospice Support Care
Hughes Home, Inc and Hughes Adult Day Care
Lee's Hill Golf Club
Liberty Mutual
LibertyTown Arts Workshop
M & S Studio, Academy of Acting, Dance, and Music
Mary Washington Home Health and Hospice
Mary Washington Hospital - Volunteer Services Department
Mary Washington Hospital Rehabilitation Services
Mental Health America - Senior Visitors Program
Merrill Lynch
Mutual of Omaha
MWH Stroke Team
NARFE
Pat Grimes, Inc.

Pendelton Golf Club
Play It Again Sports
Project Lifesaver - Spotsylvania
Project Lifesaver - Stafford
Rappahannock Area Agency on Aging
Rappahannock Area Health District
Rappahannock Area United Way
Rappahannock Area YMCA
Rappahannock Council Against Sexual Assault
Regency Park Sports
Senior Care Services of Mary Washington Hospital
Senior Navigator.org
SPCA of Fredericksburg
Speaking of Memories
Spirit Keepers
Spotsylvania County Social Services
Stafford County Parks and Recreation
Stonehill National
The disAbility Resource Center
The Evergreens at Smith Run
The Fredericksburg Center for the Creative Arts
The Hearing Aid Place
The Meadows at Salem Run
Town & Country Health Services and Supplies, Inc.
Tricord Homes
VA Cooperative Extension
Westwood Clubhouse
Wilburn Gardens
Woodmont Health Care Center

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